

GIRLS CHAMPIONS (1973-2013)

From '73 to '80, course distance gradually increased from 1.6 to 2.2 miles. In '81, girls were deemed capable of running the full 3.0. And, amazingly, they were!

1973 - Molly McCagg, Brockport	10:53
1974 - Chris Gardner, Bishop Ludden	10:20
1975 - Chris Gardner, Bishop Ludden	11:31
1976 - Sue Shaffer, Clarence	10:46
1977 - Kim Sharpe, North Syracuse	12:08
1978 - Marj Bessel, Grand Island	12:39.6
1979 - Connie Riegelsmann, Cicero	12:30.7
1980 - Anne Dobrowolski, Lancaster	12:31
1981 - Vicki Brown, Waterloo	18:22
1982 - Mary Pat Hickey, Clarence	17:47
1983 - Mary Pat Hickey, Clarence	17:21
1984 - Stacia Prey, Brighton	16:49
1985 - Brenda Steenhof, Milton, Ont.	16:44
1986 - Denise Bushallow, Auburn	17:01
1987 - Roberta Raszkowski, North East, PA	17:36
1988 - Roberta Raszkowski, North East, PA	17:16
1989 - Deresa Walters, East HS, Rochester	17:14
1990 - Jenny Rhines, Liverpool	18:03
1991 - Jenny Rhines, Liverpool	17:34
1992 - Katie McGregor, Willoughby South, OH	18:23
1993 - Katy Radkewich, Beaumont, Cleveland	17:16
1994 - Alison Mann, Fayetteville-Manlius	18:19
1995 - Andrea Johnson, Lawrence Pk., Toronto	17:22.4
1996 - Brandy Colley, Smethport, PA	18:25
1997 - Heather Cappello, Starpoint, Lockport	17:35.9
1998 - Jennifer Handley, Barrie Central, Ont.	17:11
1999 - Lisa Cappello, Starpoint	17:19.4
2000 - Michelle Sikes, Lakewood, OH	17:30
2001 - Molly Huddle, Notre Dame, Elmira	17:04.4
2002 - Michelle Sikes, Lakewood, OH	17:13
2003 - Nichole Lister, South Jefferson	17:47
2004 - Laura Cummings, Bay Shore	17:13
2005 - Amanda Griggs, Hilton	16:53
2006 - Liz Deir, Honeoye Falls-Lima	17:04
2007 - Sam Roecker, Burnt Hills	17:02
2008 - Courtney Chapman, Fayetteville-Manlius	16:58
2009 - Kaylin Mahoney, Saugus, CA	17:02.2
2010 - Shaylyn Tuite, Pittsford Mendon	16:53.8
2011 - Laura Leff, West Genesee	17:13.1
2012 - Kennedy Weisner, Elk County Cath, PA	16:45.3

2013 - Courtney Smith, Unionville, PA 16:46.2
2014 - Jessica Lawson, Corning 16:43.3
2015 – Shona McCulloch, Longfields, Ont 16:35.7