

## **GIRLS CHAMPIONS (1973-2024)**

From '73 to '80, course distance gradually increased from 1.6 to 2.2 miles. In '81, girls were deemed capable of running the full 3.0. And, amazingly, they were!

|                                               |             |
|-----------------------------------------------|-------------|
| 1973 – B.J. McCagg, Brockport                 | 10:53       |
| 1974 - Chris Gardner, Bishop Ludden           | 10:20       |
| 1975 - Chris Gardner, Bishop Ludden           | 11:31       |
| 1976 - Sue Shaffer, Clarence                  | 10:46       |
| 1977 - Kim Sharpe, North Syracuse             | 12:08       |
| 1978 - Marj Bessel, Grand Island              | 12:39.6     |
| 1979 - Connie Riegelsmann, Cicero             | 12:30.7     |
| 1980 - Anne Dobrowolski, Lancaster            | 12:31       |
| 1981 - Vicki Brown, Waterloo                  | 18:22 (3.0) |
| 1982 - Mary Pat Hickey, Clarence              | 17:47       |
| 1983 - Mary Pat Hickey, Clarence              | 17:21       |
| 1984 - Stacia Prey, Brighton                  | 16:49       |
| 1985 - Brenda Steenhof, Milton, Ont.          | 16:44       |
| 1986 - Denise Bushallow, Auburn               | 17:01       |
| 1987 - Roberta Raszkowski, North East, PA     | 17:36       |
| 1988 - Roberta Raszkowski, North East, PA     | 17:16       |
| 1989 - Deresa Walters, East HS, Rochester     | 17:14       |
| 1990 - Jenny Rhines, Liverpool                | 18:03       |
| 1991 - Jenny Rhines, Liverpool                | 17:34       |
| 1992 - Katie McGregor, Willoughby South, OH   | 18:23       |
| 1993 - Katy Radkewich, Beaumont, Cleveland    | 17:16       |
| 1994 - Alison Mann, Fayetteville-Manlius      | 18:19       |
| 1995 - Andrea Johnson, Lawrence Pk., Toronto  | 17:22.4     |
| 1996 - Brandy Colley, Smethport, PA           | 18:25       |
| 1997 - Heather Cappello, Starpoint, Lockport  | 17:35.9     |
| 1998 - Jennifer Handley, Barrie Central, Ont. | 17:11       |
| 1999 - Lisa Cappello, Starpoint               | 17:19.4     |
| 2000 - Michelle Sikes, Lakewood, OH           | 17:30       |
| 2001 - Molly Huddle, Notre Dame, Elmira       | 17:04.4     |
| 2002 - Michelle Sikes, Lakewood, OH           | 17:13       |
| 2003 - Nichole Lister, South Jefferson        | 17:47       |
| 2004 - Laura Cummings, Bay Shore              | 17:13       |
| 2005 - Amanda Griggs, Hilton                  | 16:53       |
| 2006 - Liz Deir, Honeoye Falls-Lima           | 17:04       |
| 2007 - Sam Roecker, Burnt Hills               | 17:02       |
| 2008 - Courtney Chapman, Fayetteville-Manlius | 16:57.8     |
| 2009 - Kaylin Mahoney, Saugus, CA             | 17:02.2     |
| 2010 - Shaylyn Tuite, Pittsford Mendon        | 16:53.8     |
| 2011 - Laura Leff, West Genesee               | 17:13.1     |
| 2012 - Kennedy Weisner, Elk County Cath, PA   | 16:45.3     |
| 2013 - Courtney Smith, Unionville, PA         | 16:46.2     |
| 2014 – Jessica Lawson, Corning                | 16:43.3     |
| 2015 – Shona McCulloch, Longfields S.S., Ont. | 16:35.7     |
| 2016 - Jessica Lawson, Corning                | 16:28.2     |
| 2017 - Brooke Rauber, Tully                   | 16:52.4     |
| 2018 – Jenna Schulz, Liverpool                | 16:52.2     |

|                                                   |         |
|---------------------------------------------------|---------|
| 2019– Savannah Roark, Beavercreek, OH             | 16:56.3 |
| 2021 - Sarah Lawson 10 Corning                    | 17:50.8 |
| 2022 - Kate Putman 12 Cicero-N. Syracuse          | 16:46.2 |
| 2023 - Sophia Cino 12 Blessed Trinity Catholic SS | 17:13.9 |
| 2024 - Tsadia Bercuvitz 10 Ithaca                 | 16:36.1 |

### **BOYS CHAMPIONS (1965-2024)**

2.5-Mile courses until 1974. Various loopings of 3.0 course since 1975.  
Present 3.0 was first run in 2001.

|                                                |         |
|------------------------------------------------|---------|
| 1965 – Eric Kendrick, McQuaid Jesuit           | 12:56.2 |
| 1966 - Bob Schweinsberg, Watertown             | 12:31   |
| 1967 - Dan McCrone, St. Ignatius, Cleveland    | 12:58.5 |
| 1968 – Dan Polansky, Greece Arcadia            | 13:17   |
| 1969 – Tony Colon, Power Memorial, NYC         | 13:09   |
| 1970 - Tom Smith, Notre Dame, Utica            | 13:05   |
| 1971 - Alex Trammell, St. Joseph's, Buffalo    | 12:33   |
| 1972 - Ken Moliski, Christian Bros., Syracuse  | 12:31   |
| 1973 - Brian Hull, Southwestern, Jamestown     | 12:21.5 |
| 1974 - Dave Dobrzynski, Christian Bros., Syr.  | 12:31   |
| 1975 - Doug Moreland, Iroquois                 | 15:18 * |
| 1976 - Colin McClive, Williamsville South      | 15:05   |
| 1977 - Mark Taylor, Wilson, NY                 | 15:58   |
| 1978 - Tom Hollis, Rush-Henrietta              | 15:03.3 |
| 1979 - Randy Haas, Blue Mt. (PA)               | 14:52.1 |
| 1980 - Marty Beauchamp, Tupper Lake            | 14:42.8 |
| 1981 - Grant Whitney, Penfield                 | 15:24.8 |
| 1982 - Miles Irish, Burnt Hills                | 14:45.7 |
| 1983 - Ron Markezich, Williamsville North      | 14:49   |
| 1984 - Ron Markezich, Williamsville North      | 14:40   |
| 1985 - John Gill, Cardinal Leger, Toronto      | 14:44   |
| 1986 - Kerry Fly, Lockport                     | 14:40.7 |
| 1987 - Jason Bunston, Westdale, Hamilton, Ont. | 15:04   |
| 1988 - John Horkheimer, Pittsford              | 14:59   |
| 1989 – Bob Donker, Georgetwon S.S., Ont.       | 14:56   |
| 1990 - Nate Ruder, Fairport                    | 15:06   |
| 1991 - Brian Hesson, Caldwell, OH              | 14:47   |
| 1992 - Josh Ritchie, Walsh Jesuit, Stow, OH    | 15:01   |
| 1993 - Dan Lesser, McQuaid Jesuit              | 15:10   |
| 1994 - Scott McClennan, Sir W. Churchill, Ont. | 15:26   |
| 1995 - Steve Lawrence, E. Northumberland, Ont. | 14:52   |
| 1996 – Andy Carling, Spencer-Van Etten         | 15:52   |
| 1997 - Adam Wasileski, Fayetteville-Manlius    | 15:14   |
| 1998 - Aaron Emery, Beaver River               | 14:59   |
| 1999 - John Huber, Starpoint, Lockport         | 15:20   |
| 2000 - Peter Meindl, Orchard Park              | 14:55   |
| 2001 - Peter Meindl, Orchard Park              | 14:47.4 |
| 2002 – Stephane Hetherington, St. Mike's, Tor. | 14:35   |
| 2003 - Henok Lechebo, West Toronto, Ont.       | 14:42   |

|                                             |         |
|---------------------------------------------|---------|
| 2004 - Matthew Brunsting,Quinte Xtian, Ont. | 15:08   |
| 2005 - Owen Kimple, Fayetteville-Manlius    | 14:52   |
| 2006 - Tom Gruenewald, Fayetteville-Manlius | 14:54   |
| 2007 - Matt Hughes, Msgr.Dwyer,Oshawa,Ont   | 14:46   |
| 2008 - Chris Stogsdill, Marcellus           | 14:49   |
| 2009 - Cody Pelliccioni, Morgantown, WVA    | 14:53.2 |
| 2010 - Otis Ubriaco, Burnt Hills            | 14:48.1 |
| 2011 - Cameron Bruce, Lansing               | 15:21   |
| 2012 - Ryan Manahan, Marcellus              | 14:36.9 |
| 2013 - Mickey Burke, Rush-Henrietta         | 14:25   |
| 2014 - Andrew Marston, Conestoga, PA        | 14:31.3 |
| 2015 - Noah Affolder, Carthage, NY          | 14:14.9 |
| 2016 - Noah Affolder, Carlisle, PA          | 14:12.7 |
| 2017 - Thomas Witkowicz, All Saints, Ont `  | 14:33.9 |
| 2018 - Tyler Berg, Burnt Hills              | 14:34.9 |
| 2019 - Sam Lawler, Pittsford Mendon         | 14:54.7 |
| 2021 - Connor Ackley 11 Hil. Davidson       | 14:44.3 |
| 2022Charlie Butler 11 Mount Saint Joseph-MD | 14:54.3 |
| 2023 - Nolan Mcginn 12 Fayetteville-Manlius | 14:36.4 |
| 2024 - Riley Hubisz 12 Ithaca               | 14:42.9 |

**\* First winner of the Steve Prefontaine Memorial Plaque,  
in honor of the great American distance runner, who died  
in a car accident in May, 1975.**