Dear Patrons of The McQuaid Invitational,

First off, we hope and pray that the past few months have been kind to you and your family's health and well-being.

Secondly, on December 29, 2019, McQuaid lost the meet director, visionary, voice and the godfather of the McQuaid Invite, Bob Bradley. Coach Bradley was diagnosed with cancer in early November and faced a short battle. He remained strong in his final months and was able to spend a majority of that time at home with his friends and loved ones. He passed away with his lovely wife Ann Marie, daughters, Amy and Audrey, son Robert, and each of their spouses, along with the grandchildren by his side at home. We will do our best to honor Coach Bradley's legacy. He always made sure to remind us that the meet is about the runners, coaches, fans and that, above all, quality and integrity is the main goal.

Aside from the loss of Coach Bradley, we face many unknowns amid the current international health crisis, Covid-19. As racing has taught me, rely on experience, have a game plan, create goals, but also be prepared to make adjustments on the fly as necessary.

With that in mind, we are in the process of exploring a few changes. We are trying our best to avoid drastic changes, but in some cases it may appear that way. For one, we will be revamping the race schedule. The format will still look similar (smallest schools in the morning, followed by medium and then large schools). Though our number of entries consisted of over 8,000 athletes over the past few years, it's hard to imagine that will be the case this year. This includes adding The Bob Bradley Grand Prix race in the middle portion of the meet. That being said, races—such as the unseeded races—will be dropped. The second change involves minor course alterations, trying to keep more of it on grass without completely disrupting the flow of the course. The third change will be simply allowing up to 10 runners in every varsity race.

Though this year has taken us by surprise, some of these adjustments have been considered and explored for over a decade. All of these changes, along with a few more will be reflected and highlighted as we revamp our website in the near future. Please continue to check our website for updates @ www.mcquaidinvitational.com.

We thank you for your patience, your continued interest, and your support to make 2020 a memorable event. Though times have changed and losses have been experienced, we will continue to make sure The McQuaid Invite is committed to quality for our athletes, coaches and fans!

Any questions, please don't hesitate to email Todd Stewart (meet director). tstewart@mcquaid.org