

McQuaid Cross Country Invitational Open Race

Men's All-Time Top Performances (3 Mile Course 1980-2014)

1.	Jerry Lawson	14:10	1992	1 st
2.	Sam Morse	14:26	2014	1 st
3.	Bill Way	14:29	2013	1 st
4.	Scott Bagley	14:30	1984	1 st
5.	Bill Way	14:40	2012	1 st
6.	Peter Glavin	14:41	1984	2 nd
7.	Jeff Beck	14:42	2007	1 st
8.	Mike Heyman	14:43	2013	2 nd
9.	Kip Tisia	14:48	2014	2 nd
10.	Christian Reed	14:49	1993	1 st
11.	C. Fred Joselyn	14:49	2014	3 rd
12.	Tom Tuori	14:52	1990	1 st
13.	Dennis Cullinane	14:54	1993	2 nd
14.	Brad Frinck	14:54	2014	4 th
15.	Scott Bagley	14:57	1990	2 nd
16.	Peter Glavin	14:57	1993	3 rd
17.	Mike Hulme	14:58	1985	1 st
18.	Scott Jones	15:00	1991	1 st
19.	Josh Guarino	15:03	2012	2 nd
20.	Chip O'Hara	15:04	2014	5 th
21.	Dave Coyne	15:05	1986	1 st
22.	Jerimie Slick	15:05	2000	1 st
23.	Zach Rivers	15:05	2014	6 th
24.	Derek White	15:06	1998	1 st
25.	Ryan Pauling	15:06	2009	1 st
26.	Steve Strellick	15:07	2005	1 st
27.	Steve Taylor	15:07	1990	3 rd
28.	Dan Serriani	15:08	2014	7 th
29.	Roger Hawkes	15:09	1991	2 nd
30.	Steven Houghmaster	15:11	2010	1 st
31.	Charlie McMullen	15:12	1990	4 th
32.	Larry Woods	15:12	1991	3 rd
33.	Dave Coyne	15:13	1986	1 st
34.	Josh Guarino	15:13	2014	8 th
35.	Nick Guarino	15:13	2014	9 th
36.	Marty Froelich	15:14	1990	5 th
37.	Bob Birecree	15:15	1982	1 st
38.	Peter Francia	15:15	2014	10 th
39.	Dave Bradshaw	15:16	2005	2 nd
40.	Jim Bathgate	15:17	1993	3 rd
41.	Peter Glavin	15:17	1990	6 th

42. Marty Froelich	15:17	1991	4 th
43. Brandon Cowles	15:18	2010	2 nd
44. Karl Staven	15:19	1991	5 th
45. Pat Cauley	15:19	1992	2 nd
46. Mike Hoban	15:20	1984	3 rd
47. Mike Hoban	15:20	1985	2 nd
48. Nicholas Guarino	15:20	15:20	3 rd
49. Frank Gioia	15:21	1986	2 nd

Corrections/Missing Information can be sent to: Bill Quinlisk at billqxc@verizon.net