

PARKING ALERT FOR MCQUAID INVITATIONAL!!!!

COACH: WE WANT YOUR TEAM'S EXPERIENCE AT OUR MEET TO BE A GOOD ONE. PARKING CAN BE A PROBLEM, SO PLEASE MAKE SURE TO GET THIS NOTICE TO BUS DRIVERS, PARENTS, & FANS. WE HAVE 256 SCHOOLS AND OVER 8,000 ENTRIES THIS YEAR AND EXPECT THAT BY 8:30 EVERY PARKING SPOT IN THE PARK WILL BE FILLED. BUT THE U.OF R. PARKING LOT IS ONLY A SHORT WALK AWAY (ABOUT 500 YARDS). FOLLOW THESE DIRECTIONS TO ACCESS THIS LOT **WITH NO HASSLE OR DELAY:**

LOCAL SCHOOLS OR VISITORS FROM THE EAST

EXIT 45 FROM NY THRUWAY. 490 EAST TO EXIT 21 (590 SOUTH). ELMWOOD AVE. EXIT 3 FROM 590 SOUTH. TURN RIGHT & GO ABOUT 3 MILES WEST TO THE U. OF R. AREA. (STRONG MEMORIAL HOSPITAL WILL BE ON YOUR LEFT.) **STAY IN RIGHT LANE** AS YOU GO THROUGH THE UR UNDERPASS ON ELMWOOD. **DO NOT TURN LEFT INTO THE PARK.** TURN **RIGHT** INTO THE U. OF R., TAKE TWO MORE RIGHTS, AND COME BACK ACROSS THE OVERPASS INTO A LONG PARKING LOT. PARK AS FAR DOWN THAT LOT AS YOU CAN, THEN WALK TO YOUR RIGHT ON TO THE PARK ROAD AND OVER TO THE COURSE.

FROM THE SOUTH

TAKE 390 NORTH TO E. HENRIETTA RD. NORTH EXIT.(16-B) TURN **RIGHT** AND FOLLOW EAST HENRIETTA (It becomes South Ave. as you bear slightly right.) ABOUT 1 ½ MILES TO ELMWOOD AVE. TURN LEFT ON ELMWOOD AND FOLLOW DIRECTIONS ABOVE.

FROM THE WEST AND NORTH

DON'T CONTINUE ON 390 SOUTH TO RIVER RD. EXIT. (That's where the congestion could be severe.) INSTEAD, TAKE EXIT 17 (SCOTTSVILLE RD) TURN LEFT AND FOLLOW LESS THAN A MILE TO ELMWOOD AVE. TURN RIGHT ON ELMWOOD, CROSS THE BRIDGE, AND TAKE AN IMMEDIATE LEFT INTO THE U. OF R. TWO QUICK RIGHTS, AND THE OVERPASS WILL TAKE YOU INTO A LONG U.OF R. LOT. PARK AS FAR DOWN AS POSSIBLE, HEAD TO YOUR RIGHT, AND YOU'LL HAVE A SHORT (500 YARDS) WALK TO THE COURSE. JUST FOLLOW THE CROWD. ENJOY THE MEET!