

McQuaid Cross Country Invitational Open Race

Men's All-Time Top 30+ Performances (3 Mile Course 1980-2010)

1.	Jerry Lawson	14:10	1992	1 st
2.	Scott Bagley	14:30	1984	1 st
3.	Peter Glavin	14:41	1984	2 nd
4.	Jeff Beck	14:42	2007	1 st
5.	Christian Reed	14:49	1993	1 st
6.	Tom Tuori	14:52	1990	1 st
7.	Dennis Cullinane	14:54	1993	2 nd
8.	Scott Bagley	14:57	1990	2 nd
9.	Peter Glavin	14:57	1993	3 rd
10.	Mike Hulme	14:58	1985	1 st
11.	Scott Jones	15:00	1991	1 st
12.	Dave Coyne	15:05	1986	1 st
13.	Jerimie Slick	15:05	2000	1 st
14.	Derek White	15:06	1998	1 st
15.	Ryan Pauling	15:06	2009	1 st
16.	Steve Strellick	15:07	2005	1 st
17.	Steve Taylor	15:07	1990	3 rd
18.	Roger Hawkes	15:09	1991	2 nd
19.	Steven Houghmaster	15:11	2010	1 st
20.	Charlie McMullen	15:12	1990	4 th
21.	Larry Woods	15:12	1991	3 rd
22.	Dave Coyne	15:13	1986	1 st
23.	Marty Froelich	15:14	1990	5 th
24.	Bob Birecree	15:15	1982	1 st
25.	Dave Bradshaw	15:16	2005	2 nd
26.	Jim Bathgate	15:17	1993	3 rd
27.	Peter Glavin	15:17	1990	6 th
28.	Marty Froelich	15:17	1991	4 th
29.	Brandon Cowles	15:18	2010	2 nd
30.	Karl Staven	15:19	1991	5 th
31.	Pat Cauley	15:19	1992	2 nd
32.	Mike Hoban	15:20	1984	3 rd
33.	Mike Hoban	15:20	1985	2 nd
34.	Frank Gioia	15:21	1986	2 nd